



WOODFORD COUNTY  
LIBRARY

# COPING WITH THE WINTER BLUES

Wed. February 26 | 1:00 PM - 2:00 PM  
Midway Branch, 400 Northside Dr, Midway

(Adults) Come explore self-care ideas that help us move through the colder, less sunny days of winter. Hannah Thornsberry, Woodford County Family and Consumer Science Extension Agent, will guide the discussion. Please RSVP for this program.



Woodford County Library  
[www.woodfordcountylibrary.org](http://www.woodfordcountylibrary.org)

Got Any Questions?

Please Call (859) 846-4014